# ARMEN'S GUIDE

# POPE FIELD & FORT BRAGG













## This document is published and maintained by the Pope Field Airmen & Family Readiness Center (A&FRC)

Building 430 829 Armistead Street, Pope Field (Next to the Pope Field Shoppette / Gas Station)

> 910-394-2538 www.popeafrf.org

# Welcome

Welcome to Pope Field. We are home to Air Force units from five separate MAJCOMs and play a major role in supporting rapid deployment of the 18th Airborne Corps, 82nd Airborne Division, and Special Operations Forces.

March 2011 marks the Realignment of Pope Air Force Base in accordance with the 2005 BRAC law which required the transfer of real property and the provision of host services to the Army as we became Pope Field, located on Fort Bragg. As such, over 3,300 Airmen and their families assigned to Pope Field receive much of their support from the garrison on Fort Bragg.

Our leadership team is committed to assuring that Pope Field is a sought after place to work and live. In that regard, this Airmen's Guide to Pope Field and Fort Bragg was created. This book in conjunction with a similar guidebook published by the Army Community Services, Answers Unlimited, should provide the information you need to help you and your family through this transition and make the most of your assignment. It should make you "READY NOW!"



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# Getting Acquainted

### Location

Pope Field and Fort Bragg are located just Northwest of Fayetteville, North Carolina. Known throughout its history for its cultural diversity and military presence, today the Fayetteville area stands testament to its proud past. Fayetteville is a "Community of History, Heroes, and a Hometown Feeling."



### **Population Served**

Fort Bragg is the largest US Army base by population, serving a population of 71,000 active duty members, 13,000 reserve components and temporary duty students, 9,000 civilian employees and 3,500 contractors. There are 100,000 Army and Air Force retirees and family members in the Fayetteville area. Ten percent of the Army population is currently stationed at Fort Bragg. The Air Force units represented at Fort Bragg and Pope Field are: 440th Airlift Wing, 43d Airlift Group, 18th Air Support Operations Group, 21st Special Tactics Squadron, and 342d Training Squadron (Combat Control School).

### Mission

### 440th Airlift Wing (AFRC)

Provides airlift, airdrop, and aerospace operations through 16 C-130H2 aircraft. Ensure that more than 1500 assigned and associated Airmen are ready to deploy in support of DoD objectives. Support in-garrison training and operational requirements of war fighting partners from the Air Force and United States Army.

### 43d Airlift Group (AMC)

Supports joint forces contingency outload for the XVIII Airborne Corps, 82d Airborne Division and Special Operations Forces at Fort Bragg. Provide worldwide air mobility capabilities across the spectrum of military operations.

### 18th Air Support Operations Group (ACC)

Provides Air and Space Power expertise to the 18th Airborne Corps to advise on all aspects of Air and Space Operations and Weather effects on the battlefield. Facilitate the integration, coordination, synchronization and execution of Air and Space Power assets with the ground scheme of fire and maneuver. Set the standard for tactics, techniques, and procedures to identify the group as a premier Air Support Operations Group in the USAF maintaining—PEOPLE FIRST, MISSION ALWAYS

### 21st Special Tactics Squadron (AFSOC)

Conducts terminal control, reconnaissance, and other special operations missions as required in order to integrate, synchronize, and control airpower any time, any place, across the spectrum of conflict in support of the joint force commander's objectives.

### Combat Control School (AETC)

Provides DOD, AFSOC, and 720 STG with mission ready 3-level Combat Controllers/Special Operations Weather Team personnel and conduct advanced skills upgrade training for special operations Airmen to produce the highest quality, air-minded, ground combat warriors in the Air Force.

### **Sponsorship**

Sponsorship is key in each and every Airman's transition to Pope Field. Sponsorship is a team effort involving the entire unit and the command, as well as individual sponsors.

As an inbound Airman, you should expect your sponsor to assist you by first personally contacting you, and providing you with up to date and reliable information about your new base and community.

New members should receive a sponsor package with a personal letter from their sponsor introducing themselves, a letter from your squadron commander and information describing the squadron and its background. Your sponsor should make arrangements for temporary lodging, and assist in reserving a post-office box. Your sponsor should meet you upon arrival at Pope Field.

After your arrival, your sponsor should take steps to offer you information and assistance that can make it a lot easier to "settle in." Remember, sponsorship is only as successful as the communication that takes place between you and your sponsor.

### **Newcomer's Orientation**

Newcomer's Orientation program is designed to welcome all newcomers - military, civilians, reservists and their dependents, to Pope Field, Fort Bragg and the Fayetteville Community. The orientation is held once per month in the Airmen & Family Readiness Center (A&FRC). The agenda of the orientation is comprised of a variety of on- and off- base agencies who provide briefings with the intent of familiarizing and acclimating newcomers to their new home and community. It is a mandatory program for all military members, spouses are highly encouraged to attend this program. The Airmen & Family Readiness Center (A&FRC) does provide free child-care for program attendees. Personnel will be scheduled for Newcomer's Orientation during the Military Personnel Section portion of their in-processing. If you have questions or concerns please contact the Airman & Family Readiness Center at 910-394-2538.

### **Temporary Quarters**

Airborne Inn Lodging facilities are open to military personnel (all ranks/grades), their family members, guests and retired military and their guests. You can make advance reservations up to six months ahead of time. The Airborne Inn is the only on-post official lodging facility. Statements of non-availability are only issued if official on-post lodging is not available. Official travelers must attempt to gain on post official lodging first before a Statement of Non-Availability is issued.

Incoming PCS personnel may occupy guest house facilities for up to 30 days without loss of BAH. Outgoing personnel may occupy guest house facilities for up to 10 days. Please note that you are required to pay in advance for seven days upon check-in. For information, call 910-396-7700 or DSN 312-236-7700. Airborne Inn lodging Office is located in Building D-3601, Moon Hall, on Darby Loop (next to the Fort Bragg Mini Mall).

### **Transportation**

A Fort Bragg shuttle bus service is available around the installation. The shuttle bus schedule is updated monthly. As of this edition of the Airmen's Guide publishing date (Feb 2011) there are three <u>proposed</u> bus shuttles for Pope Field. More information will follow once the Pope Field shuttle schedule and routes have been finalized. For information call 910-396-7283 or 910-907-5881or visit http://www.bragg.army.mil/ito/ and select "Post Shuttle Schedule" option.

### **Airports**

### Fayetteville Regional Airport (FAY)

An average of 14 flights leave daily from the Fayetteville Regional Airport. US Airways offers seven daily flights to Charlotte each day. Atlanta Southeast Airline, a subsidiary of Delta Airlines, offers five daily flights to Atlanta. American Airlines offers two daily Flights to Dallas. Contact FAY at 910-433-1160.

### Raleigh-Durham Int. Airport (RDU)

Nine major airlines and six regional carriers offer service from RDU to 35 destinations. It is located approx. 75 miles from Fort Bragg. Contact RDU at 919-840-2123.

### **United Services Organization (US0)**

The USO of NC operates full service airport travel centers at Charlotte-Douglas International Airport (Second floor, Food Court area) and Raleigh-Durham International Airport/Terminal 2. A new travel center is scheduled to open at Fayetteville Regional Airport in late Spring 2011. For more information on USO services and programs, contact the USO of NC Fort Bragg at 910-495-1437 or visit www.uso-nc.org.

### **Army Customs**

Be prepared for customs and courtesies at Fort Bragg.

### Reveille, 0630

At or just before the first note of Retreat, military personnel will face the flag or sound of retreat if flag is not visible, come to the position of attention and salute. After the end of the last note, Order Arms.

### Retreat, 1715

At the sound of the first note of Retreat, military personnel will go into the position of parade rest. At the end of the last note of Retreat, go into the position of Attention. Next, a canon (the evening gun) will sound. Then, at the first note of "To The Colors" or the first note of the National Anthem, Present Arms. After the end of the last note, Order Arms.

### **Distinguished Visitor Vehicles**

Distinguished visitors will arrive at Pope Field on occasion and transit the area in an assortment of DV vehicles. Any vehicle bearing a license plate indicating an 0-6 or higher (Eagle or one, two, three, or four stars) must be saluted. This is the same as the Air Force custom.

Air Force and Navy DV plates are blue with a white eagle or star(s). Army and Marine DV plates are red with a white eagle or star(s).

# **Getting Settled**

### Post Office Box

The Postal Service Center will be located in the Pope Field Airmen's Center. Dorm residents, as well as those requiring temporary General Delivery Services due to PCS orders in/outbound will be serviced. Postal boxes will be available. Additionally, the clerk will sign for packages from commercial carriers (UPS, FedEx, etc) and will hold oversize mail. Expected completion date of the Postal Service Center is March 2011. Additional Information, to include contact information for the Postal Service Center, will be available at that time.

The Fort Bragg Post Office does not give P.O. Boxes in advance due to the high demand. However, you can go to your local Post Office to obtain a box number application "PS Form 1093" for a local post office off the installation.

The Spring Lake Post Office is located next to the installation. To apply for a box fill out the application and enclose a check or money order to the Postmaster for \$26.00 for six months plus \$1.00 (prices subject to change) for each key. You can get the Postmaster address and telephone number from your local Post Office. Allow 5 to 7 days for delivery and then call the Post Office to obtain your box number. Spring Lake address is 225 N. Main Street Spring Lake, NC 29390, 910-497-0113.

### Housing

### **On-Base Family Housing**

Fort Bragg's on-post family housing is managed by Picerne Military Housing. The Picerne Military Housing Leasing and Relocation Center is located on the 6th Floor of the Soldier Support Center located on Normandy Drive. Call 910-495-0878 or toll free at 1-866-525-HOME for more information.

### Availability

On-post family housing is available to all ranks; however, waiting times vary depending on ranks and type of house. Family Housing at Fort Bragg consists of 10 neighborhoods, each with its own distinctive personality and architectural theme. Estimated wait times are updated bi-weekly and are posted on Picerne's website. The web site also features photos and floor plans of available homes. For more information contact the Picerne Leasing & Relocation Center at 1-866-525-HOME or visit www.PicerneMilitaryHousing.com.

### **Application**

Please contact the Picerne Military Housing Leasing and Relocation Center for a list of documents you may need to apply for housing. Required documents vary. Applications may also be submitted on the Picerne Military Housing website; applications will not be complete without supporting documentation. Picerne also offers Unaccompanied/Single Military Personnel Housing at Randolph Pointe, a luxury apartment complex located on Fort Bragg. Call 910-764-5008 or visit their website at www.randolphpointe.com for more information.

### Housing (continued)

### **Pet Registration**

A maximum of two pets, dogs or cats, in any combination are authorized per household. All dogs and cats over four months of age residing on Fort Bragg must be registered with the VTF. Owners are required to register their animals within 10 days of arrival or acquisition. You must present military ID, proof of rabies vaccinations and pay a \$2.00 DoD service fee. Micro chipping is mandatory IAW Fort Bragg policy. Pit Bull, American Staffordshire terrier, English Staffordshire Bull Terrier, Rottweiler and Wolf and Wolf Hybrid breeds are not permitted on Fort Bragg Housing. Call 910-396-9120 for more information.

### **Unaccompanied Housing**

All unmarried Airmen with less than three years of service are required to live in the dormitories on Pope Field. Please contact the unaccompanied housing office at 910-396-3745, if Airmen need a room or have any questions on the program.

### **Off-Base Housing**

If privatized housing is not available or members are interested in residing off-base, there are referral/relocation services to assist in locating short term and long term housing. Visit the Soldiers Support Center for more information at Building 4-2843, on Normandy Dr, Fort Bragg or call 910-907-2026/2027.

### Housing (continued)

### **Household Goods Delivery**

### **Arrival and Delivery of Household Goods Shipments**

Immediately upon arrival to Fort Bragg, contact the Inbound Personal Property Section, Transportation Branch at 910-396-0331/0332/9806. If your shipment has arrived, you will be given instructions on how to schedule delivery. If your property has not yet arrived, contact information will be taken and you will be contacted upon arrival.

Carefully follow the instructions you are given at counseling. Depending on how your shipment moves, it is your responsibility to contact the transportation office or Transportation Service Provider (TSP) as soon as you arrive at your new duty station. Let them know how you can be contacted, (phone, mobile phone and e-mail). If you already have new quarters, they will help arrange delivery of your personal property shipments. Otherwise, they will arrange for temporary storage until you have permanent housing.

Make certain that you, or someone who can act in your name, is available at your new home on delivery day. If the TSP arrives and cannot deliver the shipment, you may be charged for the attempted delivery and any additional storage that may result.

### Claims

DoD customers are eligible for Full Replacement Value (FRV) protection on most DoD sponsored shipments. With this protection, the TSP will either repair or pay to repair damaged items and pay the full replacement cost for items that are lost or destroyed. Providing prompt notice of loss or damage is an essential part of the process. Use the front of DD Form 1840/1840R to notify the mover of any loss or damage you find at the time of delivery. If further loss or damage is discovered after the transportation provider departs, use the reverse side of the form, DD Form 1840R. You must file DD Form 1840/1840R with the TSP within 75 days of delivery. The TSP has the right to inspect the damaged item once they receive the notice forms.

### **Motor Vehicles**

### **Registering Vehicles on Post**

All vehicles must be registered to drive on post. This can be done at the Vehicle Registration Offices at:

### All American ACP Visitor's Center

Building H-1575; the very first building on the left side as you enter Post on All American Freeway.

### Soldier Support Center (SSC)

Building 4-284, Room BE-18 (basement); on Normandy Dr.

### **Gavin Hall**

Building C-7417, Room 142; off of Gruber Road between 82d Airborne Division HQ and Ritz-Epps Physical Fitness Center

For additional information call 910-432-8193 or visit the following website www.bragg.army.mil/ProvostMarshal/VehicleRegistration.html. By direction of the Provost Marshal, all processing must be completed, with all customers completely clear of the facility, by the posted closing time, so based on length of lines, doors may close slightly, or even substantially, prior to the posted closing time.

### Motorcycle Registration & Safety

Active Duty Military personnel and DA Civilian employees who ride motorcycles on the installation must bring a Motorcycle Safety Foundation (MSF) Basic or Experienced Rider Course SM card and have the "M" endorsement on your driver's license when registering their motorcycle. For a full listing of Motorcycle Safety information such as Safety Gear requirements and Basic Riders Course (BRC) and Experienced Riders Course (ERC) class schedules, contact the Fort Bragg Safety Office at (910) 396-4677 or visit the following website www.braggmotorcyclecourse.com/.

### **Motor Vehicles (continued)**

### State Registration and Licensing Requirements

North Carolina State law requires you to have sufficient liability insurance and a valid driver's license in order to operate a vehicle. The term "vehicle" generally includes automobiles, motorcycles, vans, trailers and boats regularly parked or garaged overnight. Further, your vehicle must be properly registered. Even though you are in the military, you may be required to register your vehicle instate and obtain an in-state license within a few months of moving. A Social Security Card will be required at the DMV for anyone obtaining a North Carolina Driver's License for the first time. Access complete information on insurance, driver's licensing and where and how to register your vehicle by visiting www.ncdot.org/dmv.

### **Installation Regulations**

Speed limits vary depending on the area where you will be driving; 5 MPH in parking areas, 15 MPH in housing areas, 25 MPH in school zones and troop areas and 35-45 MPH on other roads. Please note there are exceptions to this and always follow posted traffic signs. Traffic could be congested during the hours of 6-7:30 am and between 4-5 pm. Due to Physical Training, some streets will be closed or changed to a one-way street from 6-7:30 am Mon-Fri, except holidays.

### **State Laws**

You and your passengers must always wear seatbelts while driving. State law requires that all children under 7 years of age and 80 pounds be properly restrained in child seats. Visit www.ncdot.org/dmv for more information.

### Important Installation Information

- ✓ Fort Bragg is a restricted access installation. All persons 16 years and older entering the base are required to show a picture ID.
- ✓ All active duty military personnel and their family members assigned to Fort Bragg, DA/DoD civilians employed by Fort Bragg, local Reserve and National Guard members, and contractors working on Fort Bragg must register their privately owned vehicles (POVs) with Vehicle Registration, for more information call 910-432-8193.
- ✓ Fort Bragg regulations prohibit the use of cell phones while operating a motor vehicle, except with the use of a hands-free device.
- ✓ Wearing portable headphones, earphones, or other listening devices while
  operating a motor vehicle is prohibited.
- ✓ The use of radar or laser detection devices to indicate the presence of speed recording instruments or to transmit simulated erroneous speeds is prohibited.

### Education

### **DoD Schools on Post**

Fort Bragg DoDEA Schools consist of 12 schools, grades K-8, including: two primary schools (PreK-2nd Grade), seven elementary schools (PreK-5th Grade), one intermediate school (3rd-5th Grade) and two middle schools (6th-8th Grade). Students must live on the military installation or have a 90 school day (5 month) letter from housing stating that the family will be on post within 90 school days (5 months) to attend Fort Bragg Schools. There are no exceptions to this policy. Standardized test scores for Fort Bragg Schools are available through the DoDEA Data Center.

Pupils in grades 9-12, whose parents reside at Fort Bragg or Pope Field will be assigned to the E.E. Smith High School. Students may also apply for a Governed Choice Program at another high school within the district for the next school year but must provide their own transportation. Students in grades 9-12 living in the Linden Oaks housing area have the option to attend Overhills High School in Harnett County or a Cumberland County Governed Choice school.

Please be sure to bring a copy of the following information to the school when registering: Birth Certificate, Immunization Records, Record Proof of Residence on Fort Bragg, Social Security Number, Report Card (for the beginning of the year if student was promoted), Current Standardized Test Scores, Special Program Paperwork (Academically Gifted, English Language, etc). For more information call 910-907-0200 or visit www.am.dodea.edu/bragg.

### Four Year Old Preschool Program

Fort Bragg Schools provides a universal four year old preschool program for all children who meet the housing requirement for attending the Fort Bragg Schools and turn four years of age on or before the designated date of the current school year. This is a half day preschool program provided at no cost to the parents. Questions about this program can be directed to the individual elementary school you are assigned. For more information call the Community Superintendents Office 910-907-0200.

### **Education (continued)**

### **Special Education**

Parents of children enrolled in special education should hand-carry copies of all pertinent school and medical documents to include their children's Individualized Education Program and current testing and evaluation reports to provide to the new school. If you have a child who requires a specialized service and/or equipment (for example large print books, an FM trainer or Braille services), it is recommended that you call the Special Education Programs Office located at the Fort Bragg Community Superintendent's Office at 910-907-0232/0253 to obtain specific information about services and to help facilitate a smooth transition to Fort Bragg Schools.

### Children 10 Years & Younger

Fort Bragg's Child Supervision Guidelines require children under the age of 10 to be directly supervised at all times. As a consequence, any child waiting at a bus stop, walking to or from school, or playing in common areas must be under direct supervision at all times.

### **School Liaison Office**

Located in Building 430 in the Airmen and Family Readiness Center on Pope Field, the School Liaison Office (SLO) serves to promote, coordinate and improve education programs for military families. The SLO coordinates with local schools on parent's concerns and advocates between parents and school administrators. Questions about this program can be directed to 910-394-2538.

### **Continuing Education**

The Pope Field Education and Training Office located in Building 280, is committed to providing quality services and programs to active duty personnel, family members, retired military personnel and civilian personnel. Counselors are available to visit units and provide briefings to Airmen and commanders regarding the education opportunities on Pope Field. In addition to counseling, other services available at the Education Office include Montgomery GI Bill Information, testing services and college program information. For more information call 910-394-4692/4693.

### **Education (continued)**

### Off-Base Schools

Information concerning the school systems in the counties surrounding Fort Bragg is available from the county school office.

### **Cumberland County**

www.ccs.k12.nc.us 910-678-2300 Military Child Support Liason Shannon Shuekos 910-678-7008

### **Harnett County**

www.harnett.k12.nc.us 910-893-8151

### **Hoke County**

www.hcs.k12.nc.us 910-875-4106

### **Lee County**

www.lee.k12.nc.us 919-774-6226

### **Moore County**

www.mcs.k12.nc.us 910-947-2976

### **Robeson County**

www.robeson.k12.nc.us 910-671-6000

### Child Care and School-Age Programs

Child care provisions can be made for children 6 weeks of age to 12 years of age for full day, part day, hourly, extended, long term and special needs care. Registration for all Child Development Centers programs is done at the Child, Youth & School services office located in the Soldier Support Center, 4th Floor, Building 4-2843 on Normandy Drive. They can be reached at 910-396-8110/5128 or visit www.fortbraggmwr.com/cysreg.php.

### Child Development Centers (CDC)

These facilities generally offer child care for children ages six weeks to 5 years old, weekdays from 5:45 am to 6:00 pm. CDCs vary in size; the average CDC cares for about 200 children. All programs must be certified by the DoD and accredited by a national accrediting body such as the National Association for the Education of Young Children. For more information contact Fort Bragg Child Development Services at 910-396-4313 or visit their website at www.fortbraggmwr.com/cds.php.

### Family Child Care (FCC)

FCC offers developmental and age-appropriate child care in a home setting to children 4 weeks to 12 years of age. This program is for those who are interested in small group care in a family atmosphere. More than 135 homes in the Fort Bragg community and surrounding area are involved in the FCC program. Bilingual and multi-cultural homes are available. All FCC homes are inspected by health, fire and safety departments. Types of care include: long term, before and school, special needs, extended, overnight hourly. Call and 910-396-3415 for additional information or visit the followina www.fortbraggmwr.com/fcc.php.

### Child Care and School-Age Programs (continued)

### School Age Services (SAS)

SAS offers care for before and after school with options for before school only or after school only. Each of these options entitles program participants to full day care services during out of school periods, excluding federal holidays, during the school year. Additionally, separate SAC camps are operated during winter and spring breaks for those patrons who normally do not require daily before and after school care. During the summer months, SAS operates a full day camp option, in ten one-week sessions and eight one-week half day sessions. For more information call 910-396-5780 or visit www.fortbraggmwr.com/sas.php.

### **Waiting List**

Due to a high demand for care, you may be placed on a wait list for the CDC and/or SAS programs. Your position on the wait list depends on many factors that are at the discretion of the installation and may include your (or your spouse's) military status, the date you apply, deployment status and your employment. If these factors change while you are on the wait list, your position will be changed accordingly, so it is important that you keep your information up-to-date. Child care is not an entitlement and fees are income-based. Fees throughout the child development system of care fall into fee ranges set by DoD.

# Services & Resources

### **Military Personnel Section**

Located in Building 308 on Pope Field, the Military Personnel Section offers assistance in Air Force personnel programs for active duty members and their dependants. For customer convenience, appointments can be made for Common Access Cards. Call 910-394-2083 for information.

### **Finance Customer Support**

Located at Building 309 on Pope Field, the 43 CPTS provides customer service to all AF tenant units to include financial training, funds distribution, travel order processing and deployment of personnel. You can contact the 43 CPTS at 910-394-1412.

### **Legal Services**

Located in Building 309 on Pope Field, service members and their families and military retirees can receive personal legal assistance on civil matters. Personal civil matters include questions concerning wills, domestic matters and consumer issues. The Legal Office also processes claims for damage to, or loss of, household goods and other personal property during permanent change of station or temporary duty shipments and vandalism occurring on base. Contact 910-394-2341 for hours of operation.

### **Passenger Terminal**

The Pope Passenger Terminal is Building 704, located at 704 Surveyor Street on Pope Field. The Pope Passenger Terminal offers limited space available flights as well as travel for those on official orders. Travel is permitted for U.S. military ID card holders and their dependants to CONUS and O-CONUS locations; however, certain restrictions or additional documentation may be required. For more information please call 910-394-6527. To sign up for Space A, send your request to the following e-mail address PopeSpaceA@pope.af.mil.

### **Health Care**

### **TRICARE**

You're covered worldwide both in transit to your new duty location and once you arrive but depending on where you go you may use a different TRICARE health plan option. Additionally, you may have different steps depending on which health plan option you are using now. The Pope Field TRICARE office is located in the basement of Building 308. You can contact them at 800-TRICARE (800-874-2279).

### **Medical Care**

The 43d Medical Squadron is located in the Pope Health Clinic, Building 307, on Pope Field. Access to medical care Is available at the Pope Health Care Clinic for those Active Duty Air Force (ADAF) and dependents that are enrolled to the Pope Health Care Clinic by TRICARE. All ADAF members will be enrolled to the Pope Health Clinic. The appointment lines are open from 0700 to 1600. Active duty sick call is from 0700 to 0730, sign in by 0730. Emergency services are provided in the Emergency Room at Womack Army Medical Center. You can contact the Pope Health Clinic at 910-907-POPE (7673). Appointment line is 910-907-APPT (2778).

Urgent care Is available Monday through Friday through the Acute Minor Ilness Clinic (AMIC), located at the Womack Army Medical Center (WAMC). Hours for the AMIC are weekdays, 1600-0000, weekends 0900-2100, training holidays 1600-0000 and Federal holidays 0900-1700. AMIC phone number is 910-907-6606.

Emergency services are available through the WAMC Emergency Room department, which is open 24-hours per day, every day of the year. Dial 911 in the event of an emergency.

### **Health Care (continued)**

### **Dental Care**

Pope Dental Services provide exams, treatment and consultations for active duty personnel. For after hour dental emergencies you or your family members can report to the Emergency Room at Womack. Contact Pope Dental Services at 910-570-3002.

### **Exceptional Family Member Program**

The Exceptional Family Member Program (EFMP) is mandatory for all family members who have been identified with a special medical or educational need. Enrolling in the EFMP ensures that the family member's medical needs will be considered during the assignment coordination process. In addition, they can direct you to resources and support groups to assist with your transition to the Pope Field/Fort Bragg community. You can contact them at 910-394-4700 or by email: PopeEFMP@gmail.com. They can also be found on Facebook® under the name Pope EFMP.

### **Mental Health Services**

Mental Health offers a wide variety of services and is open to all active duty personnel. They will also see family members for emergency screening and for routine care on a space available basis. Mental Health also manages the Alcohol Drug Abuse Prevention and Treatment and Drug Demand Reduction programs. For more information call 910-394-4700.

### **Pharmacy**

The pharmacy in the Pope Field Health Clinic is open from 0715 to 1615. The after-hours pharmacy is located in Womack Army Medical Center. For refills call the refill line at 910-907-7676. If you are new to the area and require medication contact the pharmacy for assistance.

### **Airman & Family Readiness Center**

Located at Building 430 on Pope Field, the Airman and Family Readiness Center (A&FRC) provides assistance to military personnel and family members who will be moving to the Pope Field/Fayetteville community and those relocating to other military installations. The Center provides assistance in the following categories: information and referral coordination, relocation assistance, transition assistance, financial management and emergency financial aid, career focus program and family readiness. The A&FRC has a job and computer resource center as well as information on similar services available at other military installations. For more information call 910-394-2538 or visit the A&FRC website at www.popeafrf.org.

### **Programs and Services**

The Relocation Assistance Program provides incoming Airmen with information, education and personal assistance to ease the stress of moving, as well as assistance with in-transit emergencies. The most important thing you can do to ensure a smooth transition is to plan ahead and take advantage of the many services and tools available to you.

### Military Installations and Plan My Move

For managing and planning your move, use these two DoD sponsored web-based relocation tools with information on over 250 installations worldwide. You can estimate expenses, find the forms necessary for housing and household goods, keep a calendar of events and take other necessary actions to ensure a successful move. Visit www.militaryinstallations.dod.mil and/or www.militaryhomefront.dod.mil for these and other helpful tips.

### Airman & Family Readiness Center (continued)

### **Emergency Assistance**

Occasionally emergencies occur while moving; the Relocation Program office has the resources to provide emergency financial assistance and referrals. Call 910-394-2538 for information.

### **Workshops and Briefings**

Classes are available on: Buying, Selling & Renting; Budgeting & Finance; Moving with Children; General Moving Preparation and other moving related topics.

### **Pre-departure Briefings**

Also known as Smooth Move or PCS Briefings, these briefings provide essential information that can prevent you from making uninformed and costly decisions before your move.

### **Deployment Support**

The A&FRC assists unit family readiness groups during the entire deployment cycle. Support includes services for special needs, classes on deployment preparation, key spouse program, managing finances, helping children adjust, family separation, return and reunion, and information on resources available locally and on-line.

### **Relocation Assistance**

This is a mandatory program available to assist personnel and family members when they separate from the military. The Relocation Assistance office will establish your individual transition plan and refer you to all the installation and community resources necessary to complete a successful transition.

### Airman & Family Readiness Center (continued)

### **Spouse Support & Social Opportunities**

### **Key Spouse Program**

The Key Spouse Program is a unit program offering support to families. The Key Spouse is connected to the unit and the commander appoints the individual, in writing, and refers to the A&FRC for training. The Key Spouse's performance directly impacts the quality of life and morale of unit families. The Commander and First Sergeant rely on the Key Spouse's judgment, reliability, and positive attitude in accomplishing the goals of the program. For more information on being a Key Spouse, contact the A&FRC at 910-394-2538.

### **Heart Link**

The Heart Link Program is designed to enhance mission readiness by strengthening military spouses and their families. The target audience is spouses who have been married to an Air Force member less than 5 years. However, all spouses are encouraged to attend.

### Heart Link program goals are:

- Increase spouse awareness of the Air Force mission, customs, traditions, protocols, and available resources and services.
- Enable spouses to capitalize on the availability of on- and off-base community resources.
- Help spouses acclimate and feel they are an important part of the Air Force community.
- Help families be physically, emotionally, and spiritually healthier.

Achievement of these goals should help enhance personal and family readiness and increase retention. Heart Link is currently offered monthly. Contact the A&FRC at 910-394-2538 for more information.

### Airman & Family Readiness Center (continued)

### Military Spouse Appreciation Day

Military Spouse Appreciation Day was first celebrated in 1984 when then-President Ronald Reagan proclaimed the observance to honor the contributions of military spouses. The military now sets aside the Friday before Mother's Day each year to pay tribute to the spouses who play a vital role in this nation's defense. At Pope Field we set aside a day to honor our special Military Spouse and show our appreciation with a fun filled day of events. Call the A&FRC at 910-394-2538 for more information on the next Military Spouse Appreciation Day.

### **Army Community Services**

Located in the Soldier Support Center on Fort Bragg, Army Community Services (ACS) is an important part of the Army's program to assist Soldiers and their Families in meeting specific needs. ACS offers a wide variety of programs tailored to assist Army families living on- and off-post. ACS is similar to the Airmen & Family Readiness Center, and Airmen and their families are eligible to participate in the majority of their programs. ACS also publishes, "Answers Unlimited" an excellent source of information regarding agencies and services both on- and off-post. Answers Unlimited is available at the A&FRC on Pope Field, or at the ACS offices on the third floor of the Soldier Support Center on Fort Bragg. Call (910) 396-8682/8683 for more Information.

### Morale, Welfare and Recreation

All Pope Field Morale, Welfare and Recreation (MWR) programs are run by Fort Bragg MWR. Fort Bragg MWR has a multitude of programs and services to fit your every need. Child care, bowling, ice skating, and horseback riding are just a few of the many options you can find Information on when you visit the Fort Bragg MWR website at www.fortbragg.mwr.com.

# Airmen's Center

### Goodman Airmen's Center

The Goodman Airmen's Center is the central building within the Pope Field Airmen's Campus. The Airmen's Center is the social and professional meeting center for all Airmen on Pope Field. The Airmen's Center has undergone over \$3M in renovations over the past five years and is poised to complete interior construction Spring 2011. The Airmen's Center will include many amenities for the Pope Airmen including a central location to receive dormitory residents' incoming mail, meeting rooms/ballroom for large gatherings and ceremonies, a game room for multiple console gamers and recreational sport viewing on large-screen televisions, social lounge for Wingman meetings and dance floor, music room for Airmen to play and practice live musical instruments, and a kitchen area for food vendors and sandwich shop.

### **Airmen's Ministry Center**

Located in the Airmen's Center, the center is a place where Pope Airmen can connect with their faith, with one another and with the Pope Chapel team.



### Goodman Airmen's Center (continued)

### Senior Airman Ashton Lynn Marie Goodman

The Goodman Airmen's Center is named after Senior Airman Ashton Lynn Marie Goodman, a Vehicle Operator assigned to the 43d Logistics Readiness Squadron at Pope Air Force Base. SrA Goodman served in the United States Air Force from July 2006 to May 2009. She was killed in the line of duty while deployed to Afghanistan as a member of the Panjshir Provincial Reconstruction Team. SrA Goodman was posthumously awarded the Air Force Commendation Medal, Purple Heart, and Bronze Star.



# Rally Call & Symbol

### Team Pope Rally Call & Symbol

The Team Pope Rally Call and symbol was unveiled in 2010. The elements of the rally call are simple: represent the Warrior Ethos of Pope's Airmen, easy to articulate, motivate, and mutually-support the XVIII Airborne Corps and 82d Airborne Division's Rally Call.

The rally call focuses Pope Airmen on being "Ready Now" to accomplish the mission at home station, "Ready Now" to deploy globally, "Ready Now" to support the contingency outload, airlift, and support of the XVIII Airborne Corps, 82d Airborne Division, and other joint operators, "Ready Now" for any challenge.

The Pope rally call strengthens the unity between Airmen, inspires dedication to the Pope missions, and communicates Pope's complete commitment to its joint partners. So when Pope's Airmen hear someone say or yell "Team Pope," "Pope Field," "Pope," or when soldiers from Fort Bragg say "Airborne" or "All The Way" they respond with "Ready NOW!" because they are!

The "Ready Now!" symbol compliments the Rally Call in many ways. The words represent the Warrior Airmen Ethos that exists at Pope. The Blue represents the enduring Active Duty and Reserve Air Force Capability resident and enduring at Pope. The Blue also supports the Black and Gold colors representing the enduring Army capability at Fort Bragg. Lastly, the five wings of blue that fly upward from the base symbolize the five Air Force units representing five Major Commands at Pope. The five wings also fly forward and toward the bright center which represents Pope's bright future.



